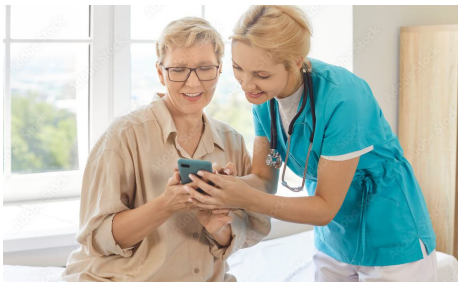
Arc Connect™

Quick Reference Guide for Patients & Caregivers



What is Arc Connect

A digital support platform designed to help patients and caregivers manage and track prescribed respiratory therapy at home, view progress and share therapy information with caregivers or your care team as appropriate.

The Arc Connect mobile app allows patients to link a compatible BiWaze® system and manually track respiratory therapy.

Before you begin

- Be near the BiWaze® Cough or BiWaze Clear® system
- Ensure the system is powered on and ready
- Download the Arc Connect mobile app
- Open the Arc Connect app on your mobile device

RESOURCES

Website

Videos

Getting Started

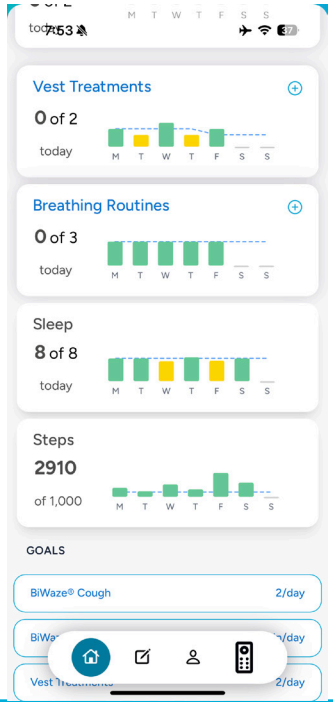
1. Create an Arc Connect account
2. Follow the onboarding guide within the app to:
- Link a compatible BiWaze System (via QR Code)
- Connect to your mobile health app
- Add additional therapies to track
- Set therapy and health goals
- Enable notifications

Dashboard Progress at a glance

Use Dashboard to check today's progress and view this week's trends.

- Check today's progress toward your therapy goals
- View individual goal trends
- Access dashboards for people you are following

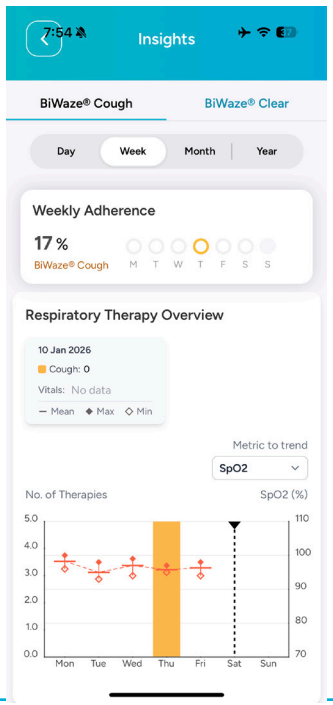


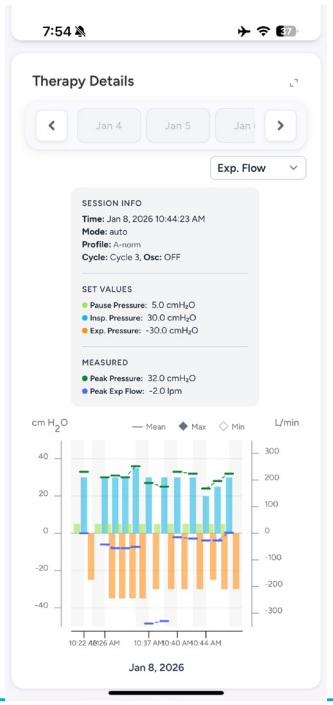


Insights View progress over time

Use Insights to view session history and trends (Year/ Month/Week/Day)

- Review your adherence over time
- View your therapy alongside synced health data
- Zoom into details of specific therapy sessions





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Reflections Capture quick notes

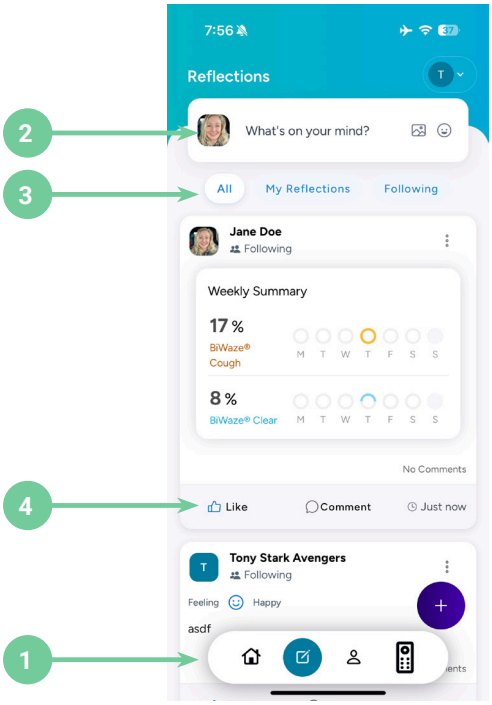
Use Reflections to record brief notes to track progress, share inspiration, or support others in your network

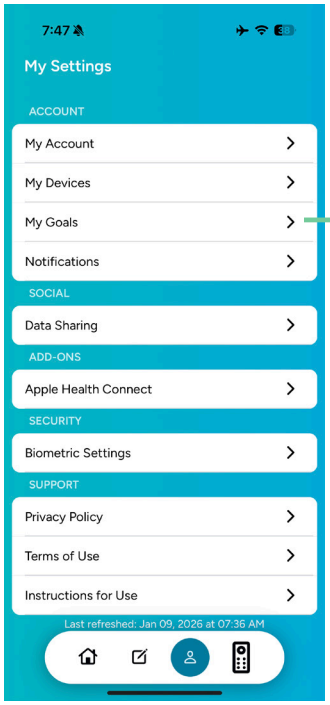
1. Reflections icon
2. Add your personal Reflection (Images, Feelings, and if the post is private or viewable by your followers)
3. View all Reflections / Only yours / Only Following
4. Like or comment on a Reflection

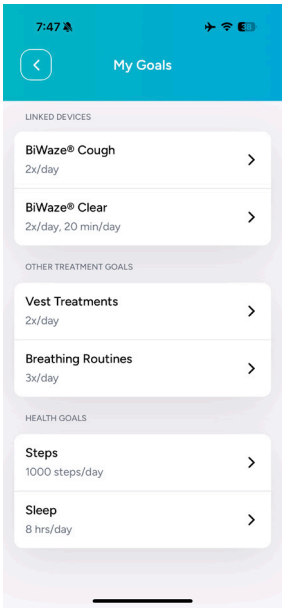
Settings Manage your account

Use Settings to make changes to your account

- Update your goals based on what you want to track
- Set notifications & reminders
- Manage connected BiWaze Cough or BiWaze Clear systems
- Share your data with others in your personal network or accept a sharing request from someone else







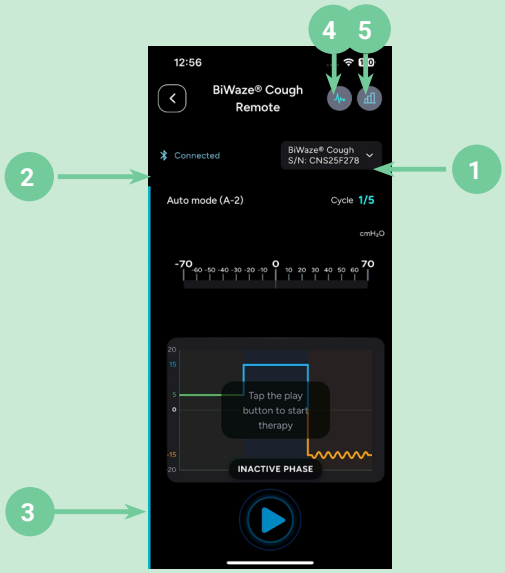
Remote Control for BiWaze Cough

- Tap Remote Control icon on the bottom of the app to access the feature.
- Ensure Bluetooth is enabled on your mobile device and on BiWaze Cough.

To deliver therapy:

1. Tap Connect and select your BiWaze Cough system from the list of serial numbers.
2. Confirm Connected status is displayed and the serial number displayed matches your BiWaze Cough system.
3. Tap Play to begin therapy, once started you may pause to temporarily stop, or end the session.
4. Use the graph feature to observe real-time curves
5. Access Insights to synchronize historic therapy details from the BiWaze Cough system.

Note: The app will automatically connect to the last connected system when it is detected via Bluetooth



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For further information about this product or a service, visit our webpage: www.mec.com.au or call customer support: 1300 632 633

The Medical Equipment & Consumables Centre

RESPIRATORY CARE